

**Jimmy Dayland Bowen, MD, FAAPMR, CSCS, CAQ Sports Medicine, RMSK  
CAPT, MC, USN, FS (ret)  
3217 Gardenia Court  
Suffolk, VA 23435  
573-382-6892 cell  
jimdbowen@msn.com**

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**OBJECTIVE: Application for Sports Medicine Position**

**EDUCATION: M.D., *University of Missouri-Columbia School of Medicine***

Columbia, Missouri

August, 1983-May, 1987

- \* Missouri State Medical Association Honor Graduate for Medicine
- \* Class Vice-President: Senior Year
- \* Honor Council: President: Junior Year
- \* Chairman: Match Day Party Committee
- \* Charter Member of Phi Rho Sigma Medical Fraternity

**B.S., *South East Missouri State University***

Cape Girardeau, Missouri

Majors: Zoology/Chemistry

August, 1978--May, 1982

- \* Summa Cum Laude Graduate
- \* Gersbacher Zoology Achievement Scholarship Award (2 years)
- \* Beta Beta Beta Biological Honorary Society
- \* PreMed Club: Vice President
- \* Sigma Chi Social Fraternity-- Craig Morgan Scholarship Award for highest grade point average (3 years)

**CURRENT:** Contract Sports Medicine Physician, MD Consulting LLC (Jan 2018 to Present)

Naval Medical Center Portsmouth, VA

Department of Orthopedics

- \* Life Net Consultant for Orthobiologics
- \* Consultant for Arthrex for Orthobiologics and Synergy Ultrasound
- \* Consultant for SpecWar, Joint Base, LittleCreek, VA

**PREVIOUS:** Physiatrist, Advanced Orthopedic Specialists (June 2007-Dec 2017)

- \* Medical Director for Sports Medicine Southeast Missouri State 2016
- \* Head Team Physician Southeast Missouri State University 2007-16
- \* Medical Director for Sports Medicine, Saint Francis Medical Center
- \* Provided Coverage for NCAA Wrestling Championships 6 years
- \* CAQ Sports Medicine 2009
- \* Member, SEMO State University Alumni Committee 2012-2017
- \* RMSK Ultrasound 2014
- \* HealthNet #1 Physical Medicine and Rehabilitation Physician in United States 2014
- \* Distinguished Service Award Southeast Missouri State University 2014
- \* Arthrex Consultant for Orthobiologics and Synergy Ultrasound

**MILITARY**

**EXPERIENCE:** Medical Waiver Advisor, Naval Recruiting Command

Millington, Tennessee

July, 2004---June, 2007

- \* Medical coverage for EUCOM Capstone Trip- Africa 8/2004
- \* Medical Coverage for PACOM Capstone Trip-Asia 8/2005
- \* Strength and Conditioning Consultant for SpecWar, US Navy
- \* Staff Physiatrist, Navy Medical Clinic, MidSouth
- \* Team Physician, Bolton High School, Arlington, TN
- \* Sports Medicine Physician 2005 NCAA Wrestling Championship
- \* SPARQ Network Trainer

Staff Physiatrist: Department of Orthopedics,  
Naval Medical Clinic Annapolis  
Annapolis, MD

January, 2002—July, 2004

- \* Chief of the Medical Staff
- \* Member: Executive Steering Committee
- \* Specialty Leader Advisor to USN Surgeon General for PM&R
- \* Clinic Manager, Orthopedics
- \* Coding Provider Champion
- \* Officer Representative/Director of Operations Varsity Baseball
- \* Team Physician: United States Naval Academy
  - \* Sprint Football/Varsity Football
  - \* Men's Basketball
  - \* Baseball
- \* PASSOR, Eastern Region Representative
- \* PASSOR, Membership Committee Chairman

Staff Physiatrist: Department Of Orthopedics, Naval Medical  
Center Portsmouth  
Portsmouth, Virginia

January, 1998—December, 2001

- \* Acting Department Chairman
- \* Rehab Consultant for Special Warfare Groups 2 and 4
- \* Course Director, Inaugural Orthopedics Dept.  
Prosthetic and Orthotic Course
- \* Member, Education Committee, Graduate  
Association of Academic Physiatrists
- \* Co- Program Director, Macklin Lecture:  
Primary Care Sports Medicine Fall 1998
- \* Member, Curriculum and Research Committee,  
Dept. of Orthopedics, NMCP
- \* Team Physician: Oscar Smith High School Football
- \* Provide Sports Medicine coverage Old Dominion  
University Varsity Sports
- \* Community Clinical Instructor: EVMS PM&R Department
- \* Assistant Professor, Surgery and PM&R, USUHS

Full-time Out Service Residency: Physical Medicine and  
Rehabilitation, Mayo Clinic.

Rochester, Minnesota

December, 1994-- December, 1997

- \* Chief Resident: July, 1996--June, 1997
- \* Education Committee Representative
- \* Resident Selection Committee
- \* Chairman, Resident's Council, Association  
of Academic Physiatrists: July, 1995--June, 1997
- \* Chairman, Membership Committee, Resident Physicians  
Council, American Academy of PM&R: December 1996-97
- \* Team Physician: Kingsland High School Football Team

1995 Class C State Champions, 1996, 1997

Assistant Director: Sports Medicine Clinic, Marine Corps  
Recruit Depot, San Diego CA

July, 1992-- December, 1994

- \* Base Medical Disaster Preparedness Officer
- \* Acute Care Unit Watch Stander
- \* Acting Branch Head
- \* Moonlighting at Kaiser Permanente, Acute Care and Emergency  
Medicine Departments, 1989-1994

Flight Surgeon: Helosuppron Three/Branch Medical Clinic  
North Island Naval Air Station, North Island, CA

February, 1989-- July, 1992

- \* Officer in Charge: Acute Care Facility
- \* Director of Obesity Clinic
- \* Responsible for the care of up to six tactical  
Helicopter squadrons
- \* SERE School Instructor
- \* Kaiser Permanente, Acute Care and ER physician 1989-1992
- \* Student Health Mesa College, 1991-1992

Naval Aerospace Medical Institute, Naval Air Station Pensacola  
Pensacola, FL

August, 1988-- February, 1989

Transitional Internship: Naval Medical Center San Diego  
San Diego, CA

June, 1987-- June, 1988

**AWARDS:**

Meritorious Service Medal (3 Awards)  
Navy Commendation Medal  
Navy Achievement Medal  
Joint Meritorious Unit Commendation  
Meritorious Unit Commendation  
Battle "E" Award (2 Awards)  
National Defense Ribbon  
War on Terrorism Service Ribbon  
Navy Recruiting Service Ribbon  
Navy Humanitarian Service Award  
Expert Rifle/Pistol

**CERTIFICATIONS:**

- \* Diplomat, American Academy of Physical Medicine and Rehabilitation
- \* Diplomat, National Board of Medical Examiners 1989
- \* Advanced Trauma Life Support Instructor- May, 1989
- \* Advanced Cardiac Life Support Instructor- August, 1989
- \* Pediatric Life Support Provider- May, 1990
- \* Naval Flight Surgeon, Naval Aerospace Medical Institute February,  
1989
- \* ABPMR Part 1: passed 5/98; top 10%
- \* ABPMR Part 2: passed 6/99
- \* ABPMR Recertification 2019
- \* CAQ Sports Medicine 2009, Recertification 2018
- \* Registered MSK Ultrasonographer 2014 ARDMS

**LICENSE:**

CALIFORNIA # GFE 065660, 1989 (inactive)  
MINNESOTA #38669, 1996 (inactive)  
ARIZONA # 25185, 1997 (inactive)  
VIRGINIA #0101057352, (inactive)  
TENNESSEE # 39431 (inactive)  
MISSOURI #2007008844

## PROFESSIONAL

**ORGANIZATIONS:** \* American Academy of Physical Medicine and Rehabilitation  
\* American College of Sports Medicine  
\* American Institute of Ultrasound in Medicine  
\* American Medical Society of Sports Medicine (AMSSM)

## PRESENTATIONS AND PUBLICATIONS:

Jimmy D. Bowen and Gerard A. Malanga. Spondylolysis and Arnold Chiari Malformation and Syringomyelia. A Report of Two Cases. *SPINE*, Vol. 22, No. 20, pp2458-2463

Jimmy D. Bowen and Marty Deafenbaugh. Adhesive Capsulitis and Other Causes of Shoulder Pain and Immobility. *Shoulder Colloquium*. Accepted by *POSTGRADUATE MEDICINE*, 9/2005

Jimmy D. Bowen. Chapter 48. Electrodiagnostic Evaluation in Sports Medicine. In Seidenberg and Beutler. *Sports Medicine Resource Manual* Elsevier Publications 2008

Jennifer Reed and Jimmy D. Bowen. Chapter 33. Sports Rehabilitation Basics. In Seidenberg and Beutler. *Sports Medicine Resource Manual*. Elsevier Publications 2008

Jimmy D. Bowen and Gerard A. Malanga. Posterior Hip Dislocation in a Football Player with Congenital Hip Dysplasia. Case Report, *ACSM*, Cincinnati, 1996 Abstract: *MSSE* 28:5

Gerard A. Malanga and Jimmy D. Bowen. C5/C6 Radiculopathy after Water Skiing Fall: Presenting with Shoulder Pain. Case Report, *ACSM*, Cincinnati, 1996 Abstract: *MSSE* 28:5

Jimmy D. Bowen and Jay Smith. "Abdominal Mass in a Golfer". Acute onset of Thoracic Radiculitis with External Oblique Weakness. Case Report, *ACSM*, Denver, 1997 Abstract: *MSSE* 29:5

Jimmy D. Bowen and Jayson Takata. Acute Onset of Shoulder Pain in A Golfer-- Initial Symptom of Metastatic Lung CA. Case Report, *ACSM*, Orlando, 1998 Abstract: *MSSE* 30:5

Jayson Takata and Jimmy D. Bowen. Acute Onset of Thoracic Back Pain in a Recreational Golfer. Multiple Myeloma Presenting as an Isolated Thoracic Vertebral Compression Fracture. Case Report, *ACSM*, Orlando, 1998 Abstract: *MSSE* 30:5

Jimmy D. Bowen and Kevin F. Bonner. Posterior Bankhart Injury in Football/Baseball Player, A Bennett's Lesion? Case Report, *ACSM*, St. Louis, 2002 Abstract *MSSE* 34:5

Jimmy D. Bowen and Francis O'Connor. Horner's Syndrome after a Football Celebratory Hug. Case Report, *ACSM*, San Francisco, 2004 Abstract *MSSE* 35:5

Jimmy D. Bowen, Anthony Beutler, and Pete Seidenberg. Hip and Pelvis Colloquium. *ACSM Annual Meeting*, San Francisco, CA 2004

Jimmy D. Bowen, Anthony Beutler, Pete Seidenberg. Hip and Pelvis,

Functional Evaluation Workshop. ACSM Annual Meeting  
San Francisco, CA 5/2004  
Nashville, TN 5/2005  
Denver, CO 5/2006  
New Orleans, LA 5/2007  
Indianapolis, IN 5/2008  
Seattle, WA 5/2009  
Baltimore, MD 6/2010  
Denver, CO 5/2011  
San Diego, CA 5/2015

Jimmy D. Bowen and Peter Seidenberg, Throwing Athlete, Beyond the  
Shoulder, ACSM Annual Meeting  
New Orleans, LA 5/2007  
Indianapolis, IN 5/2008  
Seattle, WA 5/2009  
Baltimore, MD 6/2010

Basic Musculoskeletal Ultrasound Work Shop  
US of Hip Workshop  
ACSM Denver 2011

Musculoskeletal US Post Course Instructor  
ACSM Denver 2011  
ACSM Orlando 2014

US Workshop- Elbow ACSM Orlando 2014

US Workshop- Shoulder, ACSM, San Diego, 2015

Seidenberg and Bowen. The Hip and Pelvis in Primary Care and  
Sports, Medicine. Editor, Springer. 2010

Seidenberg, Bowen, and King. The Hip and Pelvis in Primary Care and  
Sports Medicine, 2<sup>nd</sup> Ed., Editor, Springer 2017

**RESEARCH:**

Jimmy D. Bowen and Stephen Twaitwein. Behavioral  
Thermoregulation and Dietary Efficiency in *Scolopterus*  
*undulatus undulatus*. Master's Thesis Project 1983

Jimmy D. Bowen and John Sharp, PhD. Metabolic Changes  
*Lepomis macrochris* Subject to Exposure of Varying Mercury  
Levels Seen in the Missouri River.

Bowen JD, Krabak B, Smith J, Malanga GA. High Voltage  
Pulsed Electrical Stimulation: A Study of Adjunctive  
Therapy After Acute Knee Injury With Effusion. (Ongoing IRB  
approved by Mayo Foundation)

**PERSONAL:**

Married, excellent physical condition  
Children: Nicole Marie b. 1983  
Aris Richard b. 1989  
Kelson Reid b. 1998  
Chase London b. 2000

**REFERENCES:** Available upon request